A Daily Three-Minute Peace Summit

An Open Proposal to the United Nations

INVITING THE WORLD'S LEADERS TO SHARE IN AN INTENTIONAL PEACEBUILDING DEMONSTRATION

November 2026 | An invitation to international friendship and human solidarity

> *Whether we call these three minutes meditation, yoga, prayer, devotion, silence, or simply shared peace, our sacred time together becomes an expression—not only to one another, but to the entire world—of the mutual love, care, and goodwill we hold for one another.*

An Invitation to Imagine

Imagine a world in which the daily practice of sharing in peace becomes as familiar to our leaders as the meetings, negotiations, and decisions through which they govern.

Imagine...

Every day, at one shared moment, the world's leaders coming together in silence to acknowledge the ever-present reality of peace, goodwill, and our shared humanity.

Presidents, prime ministers, monarchs, and heads of state and government from every nation, regardless of their political differences, cultural traditions, national interests, or ongoing conflicts.

For just three minutes, there are no political speeches to deliver, positions to defend, negotiations to conduct, or agreements to reach. Only a shared moment of peaceful presence—an opportunity to open our hearts and minds more deeply to compassionate understanding, mutual care, cooperation, and genuine friendship among nations.

Imagine what such a simple, intentional demonstration might communicate to the people of the world. Not that our disagreements have disappeared or that our international challenges have been resolved, but that even in the presence of profound differences, the world's leaders can willingly come together in a shared expression of peace.

Three minutes. Every day. All world leaders welcome, without exception.

Peace President United respectfully offers this proposal to the United Nations as an opportunity to make such a gathering an enduring expression of international goodwill and human solidarity.

Why the United Nations?

The United Nations was founded upon a shared aspiration for international peace, understanding, and cooperation. What more fitting place to bring the world's leaders together in a simple, daily expression of our shared humanity, mutual goodwill, and the ever-present possibility of peace?

The United Nations already possesses much of the digital infrastructure and organizational experience necessary to facilitate international virtual gatherings. With its established relationships among nations, the UN is uniquely positioned to consider hosting this daily three-minute peace summit—an enduring expression of friendship and human solidarity, freely shared among the world's leaders.

And while the United Nations already provides extraordinary opportunities for international dialogue, diplomacy, and cooperation, this proposal offers something distinctly different: an opportunity to come together without an agenda to resolve, a position to advance, or an outcome to negotiate.

An opportunity to simply share in peace.

What We Envision

A single, daily virtual gathering hosted or coordinated by the United Nations, extending a standing invitation to every world leader, without exception.

The proposed time would be **12:00 UTC each day**, corresponding to 7:00 AM Eastern Standard Time or 8:00 AM Eastern Daylight Time in the United States. By establishing one fixed international time, the gathering would occur at the same moment worldwide, every day.

Participants would gather through a secure international video-conferencing platform. Cameras would be optional, allowing leaders to see one another if they wish, while microphones would remain muted throughout the gathering.

The format would be intentionally simple, with the **entire summit lasting exactly three minutes**:

A brief welcome — approximately 20 seconds

A prerecorded message would gently introduce the shared moment:

"On behalf of our mutual interest in inner peace and global peace, thank you for allowing your heart and mind to open more deeply."

Shared silence — for the remainder of the three minutes

Participants may meditate, pray, reflect, practice their own spiritual traditions, or simply remain present in silence—holding the space for peace, goodwill, compassionate understanding, and friendship among nations.

A quiet conclusion — precisely three minutes after the summit begins

The gathering simply concludes, without additional remarks or activities.

The three-minute duration would remain constant, never shortened or extended. The welcome is included within those three minutes, with the remaining time devoted entirely to silence.

Equally important, **the summit would never become a forum or portal for conversation, political statements, debates, or negotiations.** Such activities have their appropriate places elsewhere. This gathering would remain devoted exclusively to the shared experience and expression of peace.

There would be no religious affiliation or prescribed spiritual practice. Every participant would be free to approach the gathering according to their own beliefs, understanding, and personal experience. The simplicity is intentional: rather than asking leaders to set aside their national responsibilities or political convictions, the summit offers a brief opportunity to consciously share in our common humanity.

One shared moment. Every day. Three minutes of peace.

A Standing Invitation to All World Leaders

Central to this proposal is an unconditional and enduring invitation to every world leader.

The United Nations could maintain a public directory of invited leaders, together with a separate record of those who voluntarily agree to be publicly recognized as participants in the ongoing initiative.

Imagine visiting the United Nations' website and finding a growing directory of heads of state and government who have openly expressed their willingness to join fellow leaders in this daily expression of peace. Not as a declaration that their nations agree, nor as a promise concerning their governments' future actions, but **simply as a public acknowledgment that these leaders are willing to recognize and share in our common humanity, even amid profound differences and the tragic realities of war.**

Such public recognition would not constitute a treaty commitment, diplomatic endorsement, or agreement on policy. Nor would it imply any affiliation beyond the particular acknowledgment being made.

Most importantly, **the invitation and participation directories would never be intended as a measure of anyone's commitment to peace.** Their purpose would be to express and preserve a standing welcome to all world leaders—not to create a record of attendance, compliance, comparison, or judgment.

A leader may participate daily, occasionally, rarely, or never. Individual daily attendance would not be publicly disclosed, and no explanation for absence would be expected. A leader who has not accepted a public invitation remains just as welcome as one who has, including leaders whose nations are experiencing conflict.

Every world leader is always welcome.

This enduring invitation expresses something deeply human: our willingness to hold one another in our hearts, recognizing the possibility of peace, goodwill, compassionate understanding, and friendship among us all.

The Greater Significance of Three Minutes

We are not suggesting that these three minutes must produce any particular outcome. Rather, we are inviting the possibility that something so simple, so deeply human, and so consistently shared might awaken possibilities within ourselves and our relationships that we have scarcely imagined.

Our relationships with one another are often shaped by inherited beliefs, cultural conditioning, national identities, historical grievances, political disagreements, and the judgments we hold about those who seem to oppose us. Yet none of these differences necessarily diminishes our inherent capacity for goodwill, compassionate understanding, or friendship.

We can disagree without becoming enemies. We can remain devoted to our nations, cultures, and beliefs without surrendering our recognition of another person's humanity. And we can seek peaceful relationships without demanding that others become reflections of ourselves.

A daily peace summit would provide a simple opportunity for the world's leaders to demonstrate these possibilities together.

There is also something especially meaningful about the cultivation of friendship among nations. International relationships are frequently described through the language of alliances, competition, strategic interests, and opposition. These relationships have practical importance, but they need not define the full extent of what is possible between human beings.

Friendship begins with something much simpler: a willingness to recognize, understand, and care about one another. And what might become possible when such a willingness is consciously expressed among the world's leaders, day after day?

Perhaps the greatest significance of this proposal lies not only in what happens during the three minutes themselves, but in what those moments may awaken and encourage beyond them: greater understanding, a deeper willingness to listen, and the compassionate courage to extend an open hand even when disagreements remain.

Through this continuing expression of goodwill, we may discover new possibilities for genuine friendship, reconciliation, peaceful cooperation, and the transformation of relationships among nations.

An Open Invitation to the United Nations

Peace President United respectfully invites the United Nations, its Secretary-General, and those entrusted with international peacebuilding to consider establishing **A Daily Three-Minute Peace Summit** as a continuing worldwide expression of peace and human solidarity.

We offer this vision openly, recognizing that the United Nations would determine the appropriate administrative arrangements, technology, security, and participation procedures should it choose to pursue the idea, while preserving the proposal's essential simplicity, three-minute duration, and commitment to a gathering free from speeches, discussions, and negotiations.

Our interest is not in prescribing how the United Nations should conduct its work, nor in seeking ownership or control of the initiative. Rather, we offer a simple possibility in the spirit of mutual care, cooperation, and friendship, and would gladly provide additional thoughts, practical guidance, or assistance upon request.

A standing invitation to every world leader, a brief welcome, and a shared moment of peaceful silence—an enduring recognition that, whatever our differences, we belong to one human family.

The gathering would ask no leader to abandon their responsibilities, surrender their convictions, or agree with another nation's policies. It would simply offer an opportunity to consciously acknowledge the peace, goodwill, and humanity we share.

The gathering is only three minutes. The significance of the invitation could extend far beyond those three minutes.

Imagine a world in which the daily practice of sharing in peace becomes as familiar to our leaders as the meetings, negotiations, and decisions through which they govern. Not as another obligation, but as a freely offered opportunity. Not as a demonstration against anyone, but as an intentional expression of goodwill toward everyone.

And not as something we must wait for the world to agree upon, but as something we can begin sharing together.

One shared moment. Every day. Three minutes of peace.

Peace President United

A shared vision. A conscious journey. A nation united in the everpresent reality of peace.

Offered in the spirit of international friendship, compassionate understanding, and human solidarity.